

# Krueck Indoor Pool Fall 2006 Schedule

## September 5 – December 16

(Pool is Closed November 10 and November 23 &amp; 24)

**All programs require a CRC pool membership \$5.00 All Ages**

2006 City-wide pool memberships valid at all 40 CRC pools for the entire year through 12/31/06.

**Aquacise – Water Aerobics**

Monday – Friday	6:00pm – 7:00pm	\$3 / 1 class
Saturday	9:00am – 10:00am	\$25 / 10 classes (\$2.50 / class)
		\$45 / 20 classes (\$2.25 / class)

**Stingrays USA Swim Team**

(ages 5 to 17)

Monday – Friday	6:45pm – 8:30pm	\$300 / year
September 5 – December 22		\$125 / quarter

**Fitness Lap Swim**

Monday – Friday	8:30pm – 10:00pm	\$20 / quarter
September 5 – December 15		

**American Red Cross Swim Lessons***Session 1 Mon. & Wed. September 11 – October 18**Session 1 Tues. & Thurs. September 12 – October 19**Session 1 Mon. & Wed. October 23 – November 29 (No class Nov. 22)**Session 2 Tues. & Thurs. October 24 – November 30 (No class Nov.23)*

Youth	Level 1 & 2	Mon. & Wed.	5:30pm – 6:00pm	\$30 / session
	Level 3, 4 & 5	Tues. & Thurs.	5:30pm – 6:00pm	\$30 / session
Adults	Level 1, 2 & 3	Tues. & Thurs.	7:00pm – 7:45pm	\$30 / session

**Swim Stroke Clinic** – ages 14 & older

Instructional swim sessions to prepare for American Red Cross Lifeguard Training courses and employment with CRC

Call 357-POOL(7665) to register for one or more two week swim stroke clinic sessions.

Session 1	September 6 – September 15	M,W,F	7:00pm – 8:00pm	Free with pool membership for those 14 & older interested in becoming lifeguards.
Session 2	September 18 – September 29	M,W,F	7:00pm – 8:00pm	
Session 3	October 2 – October 13	M,W,F	7:00pm – 8:00pm	
Session 4	October 16 – October 27	M,W,F	7:00pm – 8:00pm	
Session 5	October 30 – November 17	M,W,F	7:00pm – 8:00pm (3week)	

**American Red Cross Lifeguard Training Classes & Swim Stroke Clinics are ongoing year round**  
**Call the Aquatics Division for more information (513)357-POOL (7665)**

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